



# KICK'N

Newsletter

HAWKESBURY MARTIAL ARTS: *Building a better Community  
One Black Belt at a time!*

Smart Fitness Serious Self Defence

## Newsletter - June & July 2012 Issue 5



### Contents

- Daniel Sensei News
- Upcoming Events
- Class News
- Competition Karate
- Birthdays & Anniversaries
- Students of the Month
- Welcome New Students
- Staff News
- Sponsors
- Business Advertising

## Upcoming Events

- ◆ Pre-tests for Grading -  
29<sup>th</sup> June 4.10-  
5.10pm & Grading 4<sup>th</sup>  
July - 6.00pm

**\*Register online  
for all events  
[www.hmakarate.com](http://www.hmakarate.com)**

## Daniel Sensei News

- *A Black Belt is a White Belt who never gives up, Enjoy the Journey.*

Hello Everyone,

Welcome to a new term and a new beginning at Hawkesbury Martial Arts.

Well by now you would all be aware that we have moved, and I would like to sincerely thank all those wonderful people that rolled up their sleeves and helped out over the long weekend.

It was a wonderful team effort and I am very proud and humbled to see what we were able to achieve in the four day period, I'm a very lucky man to be the captain of such an amazing team.

The move was very sudden and swift but after 8 very successful and wonderful years at the old dojo, I felt the time was right to move on to what I believe will be even bigger and better things.

Now we should all be looking forward to the second half of 2012 and also being the host of the KBI Nationals in November.

Have a safe and enjoyable school holiday period.

Yours in Karate-Do

Daniel Spice Sensei

**Gradings** - It is important prior to any grading that you ensure you have all your stripes, completed the minimum 30 classes and attended your pre testing. Should you not be available on the pre testing dates, you will need to speak with Daniel Sensei to be approved. A time will need to be arranged and needs to be before the allocated pre-testing dates.

All gradings must be registered online and you can choose to pay online or in person. Visit [www.hmakarate.com](http://www.hmakarate.com) to register for all events and gradings.

### Show Team -

The Show team classes kicked off 2 weeks ago and we had a great turn out. It was great to see that all ages were interested and some leadership students getting involved as well. The Teams cannot wait to show off their skills and routine's. Thank you to all the students who have signed up for the show team.  
Diane Senpai

### Gym -

The Gym is now Open!!! Timetables and Prices are now available at the Front Counter!

**PRIVATE LESSONS:** These are available to all students and can be booked in at the front counter!



*This Month, our weekly lessons will cover:*

## Competition Karate - 2012

The NSW Open Karate Championships were held on 26.05.12 and Hawkesbury Martial Arts again had a strong team of Competitors in this Tournament!

HMA came away with Awesome Results “38 medals in total” = 13 Gold, 7 Silver & 18 Bronze.

What was more rewarding was the “Team Spirit” and support shown from all our members to our Competitors. Congratulations to everyone for a very successful tournament.

Our National Squad Members attended the Australian Institute of Sport this month with the Australian Karate Federation - focusing on their development and looking for selection in the Australian Team this year!



For any members interested in Competition Karate - I have listed websites you need to visit for “important” information and deadlines for registrations.

**2012 NSW State Squad** - please visit - <http://www.akf-nsw.com/> and click on

NSW 2012 CALENDAR - [Click here to download the 2012 Calendar of events](#)

**2012 National Squad** - The 2012 National Squad Information has been uploaded to <http://www.akf.com.au/athletes.asp>

**Another Newsletter** I recommend you join to receive updates of all Events, Results and much much more is:



You can join this newsletter by clicking on:

<http://google.us2.list-manage.com/subscribe?u=5fbc52764419f4cf8677edfa7&id=2b1744bc57>

Also available on Twitter and Facebook

**NOTE:** For most Karate Events you can now register online at :

<https://www.sportdata.org/karate/set-online/>

Should you have any questions, please do not hesitate to see me!  
Cheers, Cilla

We would like to wish the following Member's a  
"Very Happy Birthday"!



## JUNE

Lily Bartusch  
Oliver Wright  
Trent McErlane  
Genevieve Cummins  
Toby Dunstan  
Anna Kennedy  
Edward Kennedy  
Tom Azzopardi  
Jaycee-Lee McLaughlin  
Luke Parisi  
Eugenio Gallo  
Terence Richardson

Mario Gallo  
Tamara Cerne  
Jadon Mizzi  
Kayla Nelson  
Brooke Bolton  
Emma Pandelis  
Jack Bartusch  
Aiden Hippensteel  
Elizabeth Treacy  
Monique Clifton  
Jack Donaldson  
Campbell Egan

## JULY

Graeme Fowler  
Janet Chaseling  
Eliza Wade  
Jonah Brown  
Laura Light  
Josh Magazzu  
Brianna Kershaw  
Claire Robinson  
Claire McRae  
Bianca Tropiano  
Estelle Vigouroux  
Tiffany Kabriel  
Ben Pace

Shelby Stanyer  
Mia Crisante  
Alexandra Bishop  
Lorenzo Johns  
Geordie Steinbach  
Jordan Maher  
Kaitlin Messerschmidt  
Ellyce Ballantyne  
Chelsea Ambrosini-Rice  
Melanie McLaughlin  
Jackson Piggott  
Patrick Laney  
Daniel Spice Jnr

# HMA - Student of the Month Winners

Proudly Sponsored by:



\*Student of the Month- receives a Certificate and Voucher

## MAY

## June

<b>Tiny Tiger</b>	<ol style="list-style-type: none"> <li>1. Luke McMillan</li> <li>2. Kathryn Rice</li> <li>3. Jett Toms</li> </ol>	Jett Toms Isaac Roloff Abby Hunt
<b>Little Ninja</b>	<ol style="list-style-type: none"> <li>1. Boe Bickerton</li> <li>2. Tamika Maynard</li> <li>3. Hollie Ford</li> </ol>	Brodie Milkjovich Harrison Kovac Alice Hu
<b>Little Legend</b>	<ol style="list-style-type: none"> <li>1. Alexander Bishop</li> <li>2. Joshua Ferrara</li> <li>3. Bianca Tropiano</li> </ol>	Sophie Parisi Amber Muscat Caitlin Shannon
<b>Big Legend</b>	<ol style="list-style-type: none"> <li>1. Ethan Healey</li> <li>2. William Hogbin</li> <li>3. Joel Kemp/Charlotte Durant</li> </ol>	Ava Bartusch Isabella Sciberras Jeremy Muscat
<b>Cadet</b>	<ol style="list-style-type: none"> <li>1. Brooke Bolton</li> <li>2. Jaycee McLaughlin</li> <li>3. Deane Piek/Jake Abela</li> </ol>	Kurt Clifton Mark Rae Alyssa Moore/Cameron Ezzy
<b>Adult</b>	<ol style="list-style-type: none"> <li>1. Nikola Cerne</li> <li>2. Terri Everard/Ingrid Bartusch</li> <li>3. Craig Chaseling</li> </ol>	Claire McRae Emma Waterton Alex Meurant
<b>Sports Person</b>	Mikaela B	Geordie Steinbach
<b>Kata</b>	James Hill	Olivia Jones
<b>Kumite</b>	Ashleigh Hill	Deane Piek
<b>Staff</b>	Jaycee McLaughlin	Geoff Fleming



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Website:  
[www.hmakarate.com](http://www.hmakarate.com)

Show courtesy,  
respect & honesty  
towards others

Develop confidence  
through knowledge,  
honesty & strength

Never use violence for  
personal gain

Seek perfection of  
character

Hawkesbury Martial Arts  
10 West Market Street  
Richmond NSW 2753

## Staff News -

Staff available for Private Lessons: Bookings taken at front counter!

New Employee: We welcome Lillian Spice

2012 Sponsorship Packages now available! If you or the Business you work for are interested, please see front counter!

HMA proudly sponsored by:



*Kids Only Preschool*




# Business Advertising

Postal Address:  
PO Box 872 Richmond NSW 2753  
Dojo: 10 West Market Street  
Richmond NSW 2753

Ph: (02) 4578 7378  
Fax: (02) 4588 5373  
Email: [hmakarate@bigpond.com](mailto:hmakarate@bigpond.com)  
Web: [www.hmakarate.com](http://www.hmakarate.com)

Daniel Spice  
Mobile: 0419 627 466  
Chief Instructor  
Karate Budokan International NSW



Hawkesbury  
Martial Arts

Smart Fitness  
Serious Self Defence



*Jumping Castles for all occasions!  
Competitive rates Phone: 02 4571 1929*



Advertising Places Available: Business Card Size.

This Newsletter reaches over 500 families every month so take the opportunity to advertise your business here!

Prices:           12 months @ 120.00  
                      6 months @   70.00  
                      1 month @    15.00

\*See staff at front counter for more information and to provide your details!

You may also want to consider becoming a Sponsor! Information packs also available at front counter.

# Notice Board

FARRIER SERVICES - available - Miniatures to Large! Prices from \$25.00 per horse call:

Carl 0400 886 374.

## **Puppies for Sale**

**Toy Poodles** - 1 Male Chocolate and 1 Female Apricot, will be vaccinated, microchipped, wormed and vet checked. Available from 18<sup>th</sup> July 2012 - call Cilla - 0410628652

**Toy Poodle cross Pugoodle** - 6 Males - all Black, will be vaccinated, microchipped, wormed and vet checked. Available from 24<sup>th</sup> July 2012 - call Cilla - 0410628652